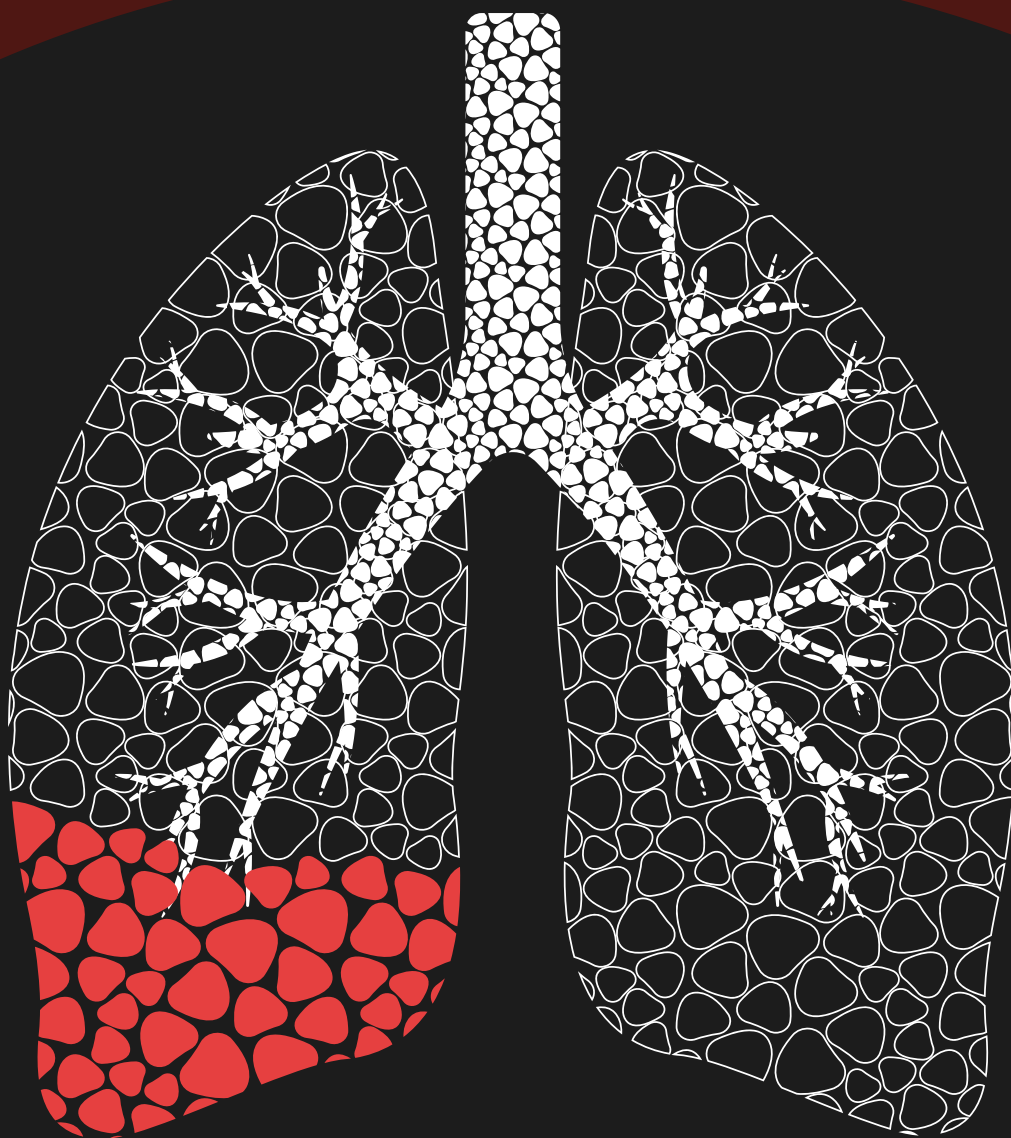


# Pneumonia Resource

## TOOLKIT





# HELPFUL TOOLS FOR PNEUMONIA RECOVERY

When an aging loved one gets diagnosed with pneumonia, it can be scary for you and for them. Adults over 65 are especially prone to complications as they fight off the lung infection. However, there are many resources available to help you understand what your loved one is experiencing and learn how to provide the best care during their recovery. Here are some of the top pneumonia resources!

# American Lung Association

The American Lung Association is dedicated to improving lung health and preventing lung disease. They have an extensive library devoted to pneumonia education. Explore their articles ranging from “What Causes Pneumonia?” to “Five Top Pneumonia Questions for Your Doctor.”

Their website also has a live chat feature, so you can ask one of their experts any questions you might have about pneumonia. Of course, you can also call their HelpLine to speak with someone about your questions.

In addition to being a great resource for you, the organization also raises money for their research into lung disease and cancer treatments. You can make a donation on their site to help them improve lung health for individuals worldwide.



[Visit the AMERICAN LUNG ASSOCIATION](#)

# Better Breather's Club

The American Lung Association also has a Better Breathers Club that allows individuals to connect with each other and provide support. This group is designed for individuals who struggle with lung conditions, ranging from asthma to lung cancer. They focus on helping members cope with the physical, mental, and emotional effects of lung conditions.

The club hosts both virtual and in-person meetings. It's free to join, so you and your loved one can sign up to be members today. Finding a support group can be especially helpful if your loved one suffers from long-term effects after pneumonia.



[Visit BETTER BEATHER'S CLUB](#)

# American Thoracic Society

The American Thoracic Society was formed back in 1905 by a group of physicians wanted to improve care for their patients with tuberculosis. The organization has grown and expanded since then to help improve care and education for pulmonary disease, illness, and sleep disorders.

The American Thoracic Society has a library of pneumonia-related resources, including fact sheets, clinical cases, and studies. Know that these resources are more clinical, since the society is largely made up of doctors and other healthcare professionals. However, they also host a Breath Easy podcast, which is aimed at education the general public about lung conditions.

Like the American Lung Association, the American Thoracic Society also collects donations for research into respiratory conditions. You can make a donation on their website.



[Visit the AMERICAN THORACIC SOCIETY](#)

# Centers for Disease Control and Prevention

The Centers for Disease Control and Prevention (CDC) is another great resource when it comes to understanding pneumonia. While the organization is a leader in public health, they have many resources specific to common diseases and infections, including pneumonia. The CDC has a library of resources that can help you understand what pneumonia is, how to avoid it, and how to help a loved one who has this infection.

The materials in the library are specifically designed for individuals like you, who are searching for more information. So, much of the content is easily accessible and understandable.



[Visit the \*\*CENTERS FOR DISEASE  
CONTROL AND PREVENTION\*\*](#)

# Every Breath Counts

Every Breath Counts Coalition is the world's first public-private partnership to help low- and middle-income countries reduce pneumonia deaths. Unlike other resources that we've mentioned, the coalition is dedicated specifically to pneumonia. They focus on cases in both adults and children because pneumonia is actually the world's biggest infectious killer.

While they fight to reduce pneumonia cases worldwide, they also have an extensive library full of resources that can help you understand this infection. Their site includes research, videos, and articles related to pneumonia, finances, oxygen resources, and more. You can also view pneumonia statistics and protocols for other countries.



[Visit EVERY BREATH COUNTS](#)

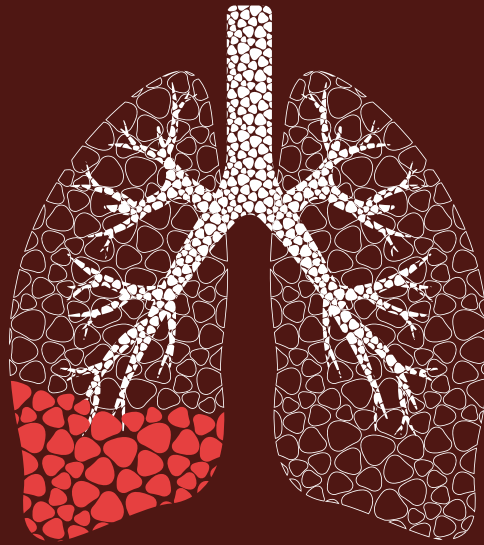
# Pneumonia Guide App

If you're looking for a resource that's easily accessible on the go, try downloading the Pneumonia Guide in the Apple Store. This app was designed by Joshua Steinberg, MD, to help professionals understand pneumonia. It contains many resources from the American Thoracic Society and Infectious Disease Society of America. While the language may be geared toward clinicians, you can still learn a lot about pneumonia and treatment options.



[Visit the PNEUMONIA GUIDE APP](#)





We hope these resources can help you and your family better understand pneumonia and how to help your affected loved one. At Caring Senior Service, we understand how pneumonia can impact a family. That's why we've created a pneumonia-specific care program to help seniors recover safely at home. To learn more about how we can support your loved one as they fight pneumonia, **[reach out to our team today.](#)**

